

# THE FLYER

Vol. 34, Issue 10

Salisbury University's Student Voice

November 14, 2006

## Monks lecture, construct mandala



Steve Wackett/The Flyer

Throughout last week 11 Tibetan monks held lectures and presentations on a variety of topics, and spent four days constructing a mandala. During the closing ceremony on Sunday, the monks destroyed the mandala, which was a symbol of the impermanence of existence.

By Corey Meissner  
Staff Writer

Eleven Tibetan monks from the Drepung Loseling Institute last week visiting Salisbury University.

Deemed "the cultural highlight of the year" by SU's website, the monks spent four days constructing a mandala, or sand painting, in the University Gallery of Fulton Hall. The monks gave lectures on a variety of topics, and ended their stay at Salisbury on Sunday with the Sacred Music and Sacred Dance for World Healing concert in the Holloway Hall auditorium.

The monks began creating the mandala by drawing an outline on a wooden table. Then they used a special metal funnel known as a chak-pur to layer sand onto the mandala. After days of adding sand, the mandala became three-dimensional. Five colors of sand, were used, which, according to monk Thupten Chosang, symbolized air, earth, fire, water and space. "The pictures on the mandala tell you about the different stages of life," said Chosang.

On Sunday, the monks held a closing ceremony, where the mandala was destroyed. Half of the sand was passed out to the audience, and the other half was brought to the Wicomico River. According to Chosang, the monks "dissemble the mandala as a symbol of the impermanence of existence."

When asked about the monks' belief that the mandala brings peace and healing, Chosang said, "During the open ceremony, we are doing concentration, prayer, and meditation, and we are retaining that prayer and meditation while creat-



Sarah Wright/TheFlyer

One of the monks helps a student attempt to use a chak-pur, a special metal funnel, to put layers of sand onto the mandala. The pictures on the mandala express different stages of life, and the colors signify air, earth, fire, water and space.

ing the mandala. During the closing ceremony, we continue praying and invoking the higher beings. People come here and pray, and it brings healing and peace."

Each monk trained for five to six years before being fully able to make mandalas. Once trained, the monks traveled to America, and began to share their culture with

colleges and art museums across the continent. The monks have been to every continental U.S. state in the last two years, as well as to all of the Canadian provinces, except

Newfoundland. They last visited Salisbury in 2001 and, in Chosang's opinion, are likely to come again.

## Suspect arrested, charged with indecent exposure

By Sarah Lake  
Staff Writer

Keith Samuel Barkley, 43, of Somerset County, was arrested on Oct. 31 after being pinpointed in eight indecent exposure incidents at SU.

Since the beginning of the semester, there have been nine reported cases of indecent exposure on the SU campus; none of which involved student offenders.

Following a four hour car pursuit, Fruitland police apprehended Barkley, charging him with two counts of indecent exposure and one count of shoplifting. He was held in the Wicomico County Detention Center on a \$250,000 bond.

According to SU police, Barley went on a two-month exposure spree, with two incidents on Aug. 30 and individual incidents on Sept. 11, 12 and 25, as well as Oct. 6 and 9.

"Once we were able to identify who this individual was, we produced a photographic line-up and asked witnesses and/or victims to come to UP and point that individual out," said, SU Police Chief Edwin Lashley. "We did that and out of the eight cases, there were two university witnesses who could identify the person as being a suspect. Based on that information, we applied for and obtained criminal arrest warrants."

The ninth incident of indecent exposure occurred on Nov. 6 in Blackwell Library. University Police have a suspect in this case but no arrests have been made as of yet.

According to Chief Lashley, indecent exposure is classified as a misdemeanor crime in the state of Maryland. An offender can get a year in jail and a thousand dollar fine for each count. If the offender incorporates improper touching, the charge is escalated to a sex offense.

"This was a very important concern of the University Police because in my professional experience, when you have individuals who go to this degree of wanting to expose themselves, usually, it graduates into more serious conduct," said Lashley. "We were trying to head that off before anybody became a victim of something more serious."

He continued, "I applaud the efforts of all police departments involved and I applaud the efforts of the students who were willing to come forth and help us get Barkley; because without them, we had no case."

Any students who become victims of indecent exposure are urged to immediately contact University Police.

### Story Brief

## Players Ball hypes up crowd

The Players Ball was an introduction to the upcoming basketball season. The intramural champions from the skilled and highly skilled levels were warming up, doing drills and just shooting around. It was The Truth and Team Movement who got the crowd going.

From the "oohs" and "ahhs," you could tell the crowd was not shy at all about saying what they thought was good or bad on the court. The game ended, 35 to 26, with Team Movement coming out on top.

Throughout the night, raffle prizes were awarded, including DVD's, Sammy the Seagull bobble heads and SU Basketball souvenirs.



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## News briefs

**IRISH SONG AND DANCE GROUP**  
The U.S. Air Force Heritage Air Celtic Ensemble will play in Holloway hall at 7 p.m. on Nov. 15. The band is known for its mixture of contemporary music with traditional Celtic styles. The band uses instruments ranging from Irish flute to oboes and acoustic guitars. Along with the Irish band will be the Footsteps Irish Dancers to add a visual show to the performance.

### HABITAT FOR HUMANITY RECEIVES HONORS

Salisbury's chapter of the Habitat for Humanity received the Volunteer Service Award recently by the Corporation for National and Community Service. "For 12 years the SU Chapter has been one of our strongest local supporters, raising funds to build homes and, of course, helping with the construction of the homes," said Barry King, executive director of Habitat for Humanity of Wilcom County. For more information on Habitat for Humanity talk to Ann Oertel in the SOAP office.

**ANNUAL FALL SENIOR ART SHOW**  
Salisbury University presents its 35th annual Fall Senior Art Show from Nov. 17 to Dec. 3 in the University Gallery of Fulton Hall. An opening reception is 6-8 p.m. Friday, November 17. Gallery hours are 10 a.m.-4 p.m. Tuesday-Friday, noon-4 p.m. Saturday-Sunday.

The gallery is closed Mondays and holidays. Sponsored by the Art Department and Charles R. and Martha N. Fulton School of Liberal Arts, the exhibit is free and the public is invited. For more information call 410-543-6030 or visit the SU Web site at [www.salisbury.edu](http://www.salisbury.edu).

### AUTHOR SPEAKS ON BOOK AND CHESAPEAKE BAY

Author and former Baltimore Sun environmental reporter Tom Horton speaks about his landmark book Bay Country at the next session of the Delmarva Discussions Series at Salisbury University. Horton leads the discussion on his book about the decline of the Chesapeake Bay under the pressure of a burgeoning population 7 p.m. Tuesday, Nov. 21 in Blackwell Library.

### REGISTER FOR MODEL CONGRESS

You have an opportunity to be a Representative in the 2007 Model Congress on Capitol Hill in Washington, D.C.

Positions are filled on a rolling basis and early registration is encouraged. Students may register and find more information online at: [www.modelcongress.org](http://www.modelcongress.org). Deadline to register is Dec. 8.

## Turkey Time Traditions

Our last two issues of The Flyer for 2006 will be 11/21 & 12/5.

The Flyer is doing a Thanksgiving Special Feature! We would like to hear your favorite Turkey-Day traditions, recipes or stories. Please email us: [flyer@salisbury.edu](mailto:flyer@salisbury.edu) and submit by Sat. 11/18

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## Crime beat

11/06/06  
01:50 PM  
Indecent Exposure  
A student reported observing a subject exposing his genitals on the second floor of the Blackwell Library.

11/06/06  
01:00 PM  
Assault  
A student reported being assaulted by a roommate during an argument in Chesapeake Hall.

11/06/06  
10:00 PM-10:50 PM  
Theft  
An employee reported a vacuum was stolen from Maggs Gym.

11/08/06  
12:55 PM-01:22 PM  
Theft  
A student reported a backpack had been stolen from the Commons Building near the UDS cashier station. The backpack had been left unattended.

11/07/06-11/08/06  
10:00 PM-04:30 PM  
Theft  
A student reported a bicycle was stolen from a bike rack at St. Martin Hall. The bicycle was secured with a cable style lock.

## Overheard: If you could have any super power, what would it be and why?

Photos and article by: Sarah Wright



"Flying. So I could fly away whenever I feel like it."  
- Amy Rupert, senior



"Supersensitive hearing, because I'm very nosy, and I'm a sociology major so far as I love hearing what people have to say."  
- Christina Henry, junior



"To banish disease from the human frame so we'd all feel better."  
- Dr. Morrison



"I'd want to fly. I don't know why."  
- Jeff Van Wagner, freshman



"I would fly because I've always wanted to."  
- Edwin Arambulo, junior



"I want to make marijuana appear out of thin air so I could supply all my friends. And for it to disappear so I wouldn't get caught."  
- Thomas Adkins, senior

## The Flyer

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Contribute your ideas to The Flyer. We are your voice!

Editorial Policy: Letters are welcomed and encouraged. Please include your name, class and major. Faculty members, please include your department. All letters may be edited based on available space. The Flyer reserves the right to refrain from publishing any text. Deadline for submission is Friday at noon.

Please e-mail letters to [flyer@salisbury.edu](mailto:flyer@salisbury.edu), subject line: Letter to the Editor.

## Letter From the Editor

### It's beginning to look a lot like Christmas...

By Mateo Samper  
Staff Writer

In case you haven't noticed, the most wonderful time of the year is here. We're just about halfway through November and the candy canes and silver lanes are already aglow with toys in every store. Chances are if you went last minute shopping for a Halloween costume at Wal-Mart, you probably saw a Grim Reaper outfit sitting one aisle over from Jolly Old Saint Nick. We haven't even cut the turkey yet and people are already dreaming of a white Christmas. With trees and wreaths popping up in October, people are starting to think that this is getting ridiculous. Christmas is getting out of hand. I say, it's about time.

It's never too early to deck the halls. Thanksgiving is a great holiday, don't get me wrong, but a tremendous all you can eat smorgasbord of varied meats and other home cooked foods made only the way your grandma can make them has absolutely nothing on the 25 most cheerful days of the year.

Halloween is fun, but let's be honest; we can't even trick or treat anymore and hardly anyone dresses up unless they're going to a party. If you ask me October isn't early

enough to start singing carols and prepping the tree. Why not start after Arbor Day, no wait, after Labor Day. Just because you can't wear white after Labor Day doesn't mean you can't start putting up the white stuff.

The fact is Christmas cheer is way too good to contain to just one day a year, or one month for that matter. The Christmas spirit should be something we have all year round, not just when TV ads tell us its time to stuff stockings with gifts. As far as I'm concerned Christmas in July isn't good enough, we should just keep the tree up all year round, lights and mistletoe too. Peace on earth and goodwill towards men should be an annual motto, not just a Uele time slogan. I think it's about time we start rocking jingle bells and riding one horse open sleighs no matter what the calendar reads. I want to see the national Christmas tree on the White House lawn right now. I want to see Rockefeller plaza holly and jolly all year round.

Just think about how cheerful, how helpful, how merry everyone would be if everyday was Christmas. Wouldn't it be nice to have Evergreens decorated all year long? Candy canes and gingerbread houses in every store window? Wouldn't it be tremendous to extend things

like Toys for Tots, and other charity fundraisers across the entire year? So why can't we? Just because the decorations get put away doesn't mean the spirit should get shelved along with the holly and the ivy.

So let's just keep it up all year long! Let's leave the Christmas lights strung about, the wreaths on your door. Let's start wishing absolute strangers a Merry Monday, and a merry Tuesday, Wednesday, Thursday, Friday, Saturday, and Sunday for that matter. Just because Jack Frost isn't nipping at your nose doesn't mean we can't keep that warm holiday spirit in our minds every day. Come to think of it, let's just extend the entire holiday season. No matter how you look at it, people are never brighter than during the holiday season. So if it takes an everlasting holiday season to make the world a better place, I say what the heck it's worth a shot. Let's do it. Is anyone really going to complain about decorations or the joy? Will anyone really be sitting there in the middle of March complaining that the herald angels are still singing? If you don't like the sound of all this then you're probably just a big Grinch who only celebrates fake holidays like Columbus Day.

### Are internships worthwhile? How about just plain expensive.

By Megan Wintersteen  
Production Manager

I recently attended an advisory meeting with the Dean of the Fulton school, Dr. Timothy O'Rourke and a handful of other students about the progress of the Fulton school and its programs. During the meeting, one of the students in the group brought something to my attention that I've put a lot of thought into the past few days.

The question posed being: Why do students have to pay the full price per credit hour for internships? Think about it. Many students don't get a paid internship to begin with, and still, we're charged the full amount for the credits. So technically, we're paying someone else for us to work. I've tried to logically explain this to myself, but I am having a hard time doing so.

According to SU's website, resident students pay \$200 per credit hour and non-resident students pay \$529 per credit hour. Which means that for a three-credit internship, in-state students are paying \$600 and out-of-state students, including me, are paying a whopping \$1,587.

Now, I completely understand that credits cost money. When you enroll in a class, not only are you dedicating your time to it, but your professor is as well. So, admittedly, it makes sense to pay the full amount because you're not only paying for credits, you're also paying someone who is supposed to enrich you and add supplementary information to your previous knowledge through lecture, books, homework, assignments, etc. However, with internships this is not the case.

Even though students enrolled in an internship are required to submit weekly logs that keep track of their hours, and even a paper or two to whomever is their supervisor, paying the same amount for a class that you do most of the work on your own compared to a class with actual instructional time seems outrageous.

Granted, your supervisor is there to offer you guidance and advice with your internship, but really, most of the experience is obtained through the actual work you're performing.

During the meeting, O'Rourke explained to us through a personal example that paying the full amount for the credits is necessary because the supervisor should "be able to hook up the student with better internship opportunities." From my experience, my advisor did next to nothing to help me find my internship or direct me in any other form, aside from grading my mid- and final paper. Once again, I understand that this isn't the case for everyone, but, at the same time, why wouldn't a professor offer that kind of advice to a student in need? In reality, any professor, regardless of the department, could offer a student opportunities; so does that mean we should be paying them?

Graduating and coming out of school debt-free these days is almost unheard of, let alone with only a small amount of debt. And you'd think the school would do its best to aid students as much as possible, but instead they not only require we take an internship (at least in my major they do), they also require us to pay the full amount for it. It's not their fault that most internships aren't paid, but I still feel like they could do more to help the students. Maybe only charge half the amount per credit hour with internships.

## ~SUDOKU~

### The Rules of Sudoku

The classic Sudoku game involves a grid of 81 squares. The grid is divided into nine blocks, each containing nine squares.

The rules of the game are simple: each of the nine blocks has to contain all the numbers 1-9 within its squares. Each number can only appear once in a row, column or box.

The difficulty lies in that each vertical nine-square column, or horizontal nine-square line across, within the larger square, must also contain the numbers 1-9, without repetition or omission.

Every puzzle has just one correct solution.

					2		4	7
				3		9		
8			6			3	2	
7				2	8		5	
3		4				1		9
	6		4	1				2
	7	2			3			1
		3	7					
1	8		5					

### Solution to last week's puzzle:

8	3	6	7	4	1	5	2	9
4	9	5	3	2	8	6	1	7
7	1	2	9	6	5	8	3	4
9	2	8	4	1	3	7	5	6
1	6	4	8	5	7	2	9	3
5	7	3	2	9	6	1	4	8
2	8	7	1	3	4	9	6	5
6	4	1	5	7	9	3	8	2
3	5	9	6	8	2	4	7	1

# LET IT ALL HANG OUT

DOES YOUR ROOMMATE PLAY HALO LIKE NO OTHER?

MAYBE YOUR SUITEMATE IS UNGODLY AT PONG?

DO YOU KNOW SOMEONE THAT WORKS 25HRS A DAY

BEFORE COMING HOME TO DO HOMEWORK?

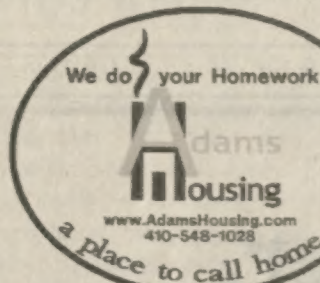
HOW ABOUT SPORTS - DOES SHE MAKE ZIDANE LOOK

LIKE THE TOOTH FAIRY?

IF YOU CAN ANSWER THESE OR MANY OTHER QUESTIONS AS YES, THEN

MAYBE YOU SHOULD SUGGEST A PERSON FOR THE STUDENT OR ATHLETE

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## THANKSGIVING HOURS

**THURSDAY, NOVEMBER 16**  
University Park last night open (5:30-9:30 p.m.)

**TUESDAY, NOVEMBER 21**  
Commons closes at 3:30 p.m.  
Gull's Nest closes at 3:30 p.m.  
Cool Beans closes at 3:30 p.m.  
Caruthers, Fulton & Henson  
Satellite Dining close at 7:30 p.m.

**WEDNESDAY, NOVEMBER 22-SATURDAY, NOVEMBER 25**  
All dining locations closed for Thanksgiving Break.

**SUNDAY, NOVEMBER 26**  
Commons open for dinner (4:30-7:30 p.m.)  
Gull's Nest open 5 p.m.-11 p.m.  
Cool Beans open 5 p.m.-11:30 p.m.  
All Satellite Dining locations closed.

## An American Thanksgiving

Featuring Regional American Recipes

Spiced Apple Cider (New England)  
Roast Turkey with Chardonnay Gravy (California)  
Virginia Ham with Vidalia Marmalade (The South)  
Herb Roasted Salmon (Pacific Northwest)  
Cranberry Sauce  
Oyster & Mushroom Stuffing (New England)  
Vegan Stuffing  
Cajun Sweet Potato Praline Casserole (New Orleans)  
Fresh Mashed Yukon Golds with Garlic & Chives (New England)  
Lemon-Garlic Broccoli (The South)  
Green Beans with Garlic (New England)  
Tennessee Jam Cake (The South)  
Pumpkin Cheesecake (New England)  
Apple Pie  
Sweet Potato Pie  
Pumpkin Pie

4:30-8 p.m. (Marketplace & Rotunda)  
5-7 p.m. (In The Bistro)

## Wednesday, November 15

Something you want to talk to us about?  
Maybe you just want to vent?  
Or maybe you wanted to give us some constructive criticism?

WRITE TO US AT:

[flyereditorials@salisbury.edu](mailto:flyereditorials@salisbury.edu)

The Flyer: Vol. 34 Issue 10

Student Spotlight

# Knapstein balances dual degree, social life

By Lindsey Dickinson  
Staff Writer

With a dual degree, one would think that she wouldn't have any time for fun; however, Rachel Knapstein shows us that this is not true at all.

Rachel is a junior at SU, hailing from Forest Hill, Maryland. She graduated from North Harford High School in Harford County.

While working hard toward her dual degree, Rachel is involved in lots of activities on campus. She also maintains a great GPA and made the Dean's List last semester.

"I'm in the Dual Degree Program, dual degree being biology and environmental/marine science, which means I take a lot of classes at UMES," Rachel explains. "I'm studying abroad in the Turks and

Caicos next fall for the semester, which I'm really looking forward to."

Rachel has big plans with her degree. After she graduates she hopes to move south and look for an internship dealing with the marine sciences. She has been working hard toward her goals with an intense summer job.

"I don't work during the semester but over the summer I work as a student contractor at the U.S. Army Medical Research Institute for Chemical Defense. It sounds confusing, I know, but I basically work with chemicals and stuff," she says.

"This summer I worked on a project to test a method to counteract the effects of chemical warfare on soldiers in the field, if they are ever exposed."

Along with her extreme workload,

Rachel still has lots of fun on campus. She is a valued member of SU's track and field team. Her event is pole-vaulting—something she has done for years.

"I started track my sophomore year in high school because my brother did it and I thought it looked cool. This will be my second year on the SU team. I've been pretty successful here; I broke the school record at my first collegiate meet," she says. "I'm really looking forward to this coming season."

Rachel is also a member of the BioEnviros, SU's environmental club, and she is an avid member of the Intramural sports teams during the fall.

"I was the captain of the Slammin' Spikers, our intramural volleyball team. We won the championship—that's right, Intramural

Champions," she laughs. "I'm on a dodge ball team right now, and we're 2-0!"

Although Rachel keeps it all together with her difficult major and all of her involvement on campus, she sometimes struggles with the hardships of college like the rest of us.

"The hardest thing about college? Probably the teachers—they always like to schedule tests on the same days and load you with projects and stuff," she says.

But, she has advice for those who want to try to maintain a busy schedule.

"Don't procrastinate! Everyone knows it's bad, yet we all do it. So don't!"



Internet Photo

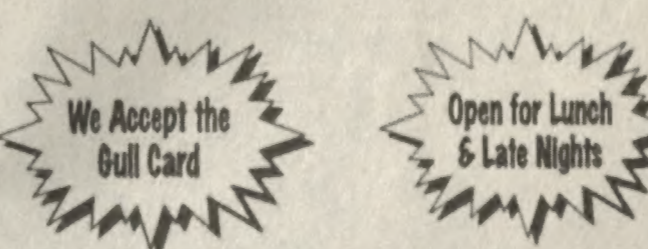
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20 Papa's Wings (Spicy Buffalo OR Mild Chipotle BBQ) &  
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\*Coupon Required. Expires 12/15/06. Offer good for a limited time at participating Papa John's restaurants only. Additional toppings extra. Not valid with any other coupons or discounts.  
\*Limited delivery area, charges may apply. Customer is responsible for all applicable taxes.

# Players Ball rolls over successfully

By Rachel Lopez  
Staff Writer

Last Wednesday night, the gymnasium was flooded with bright yellow shirts: it was SU's first Players Ball.

As students and community members entered, they were all given a free t-shirt.

The Players Ball was an introduction to the upcoming basketball season.

Fergie's hit song "London Bridge" was blasting throughout the gym, courtesy of DJ Frankie. The music, along with all the commotion, made it difficult to even to hear.

The intramural champions from the skilled and highly skilled levels were warming up, doing drills and just shooting around. It was The Truth and Team Movement who got the crowd going.

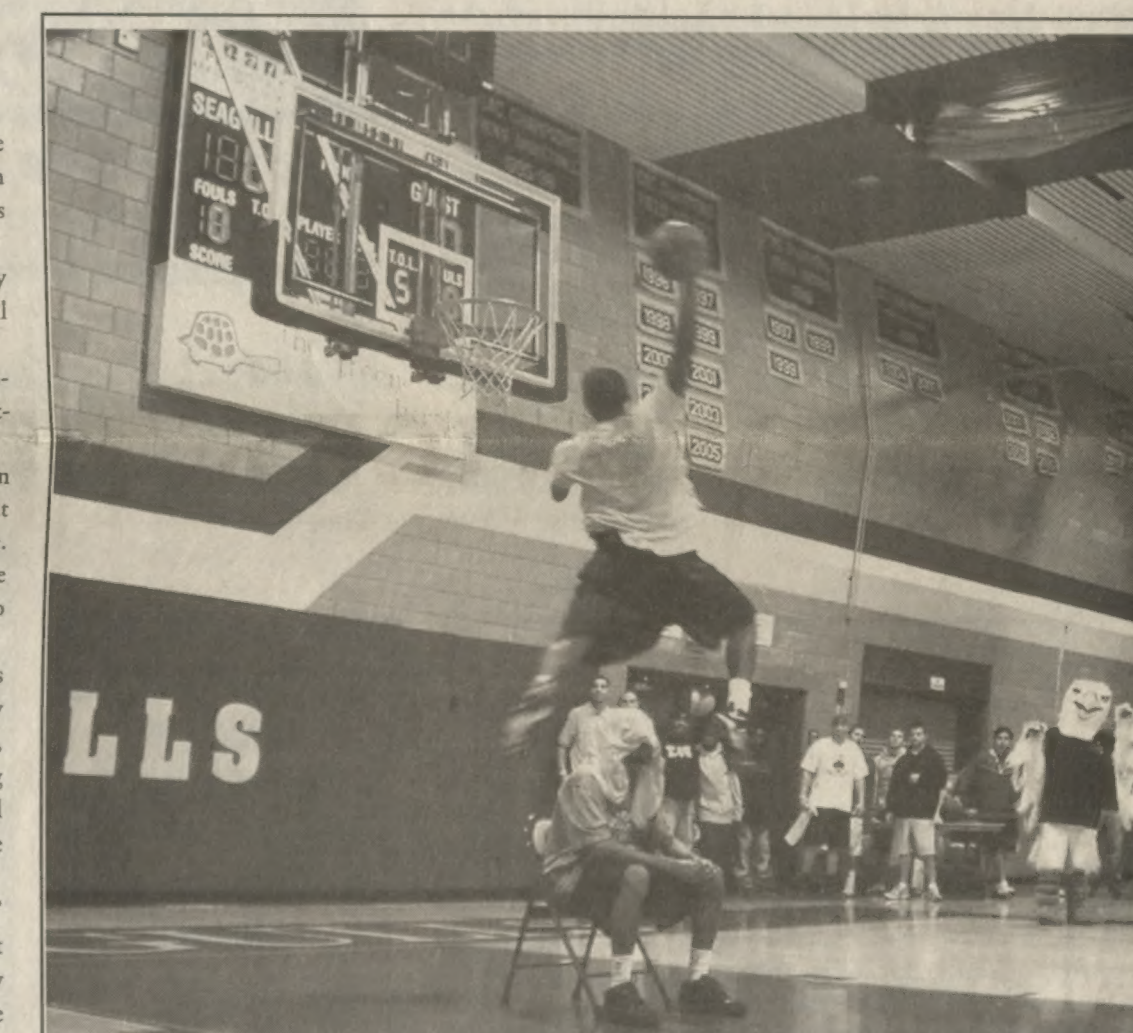
From the "oohs" and "abhs," you could tell the crowd was not shy at all about saying what they thought was good or bad on the court. The game ended, 35 to 26, with Team Movement coming out on top.

Throughout the night, raffle prizes were awarded, including DVD's, Sammy the Seagull bobble heads and SU Basketball souvenirs.

The crowd was entertained by performances from the cheer squad and the step team. Both of these groups did their part in making Players Ball a success. Along with a three-point shot contest, the winner of the impressive dunk contest for the second year in a row was Karl Acker, also known as ACK.

After all the fun was had, the main event was up. MC Sara Lowery introduced Coach Steve Holmes. Holmes then announced the 2006-2007 men's basketball line up. Each player ran up as his name was called and before lining up, showing some love to Sammy the Seagull.

The team played against each other for only 12 minutes. The Players Ball was an entertaining night, which shed some light on another one of SU's talented athletic teams. So, good luck to this year's team; it's apparent SU stands behind them all the way.



Brian McMullen/The Flyer

Students in the Players Ball also had the option of participating in the dunk contest. For the second year in a row, Karl Acker, also known as ACK, won the contest.



Brian McMullen/The Flyer

The Truth and Team Movement were the two teams that battled it out on the court at the Players Ball last Wednesday. Team Movement walked away with the win, with a final score of 35 to 26.

# Mr. Advice

Mr. Advice answers all your questions, even private ones, in complete confidentiality. Send your questions to: kb04128@students.salisbury.edu Don't be shy, ask anything!

Would it be wrong to date someone 10 years older than you or younger than you? If I did like someone else's company and he happens to be 10 years older than me, is that wrong to feel that way?

To your first question, the answer is yes and no. Obviously it would not be okay for a 10 year old and a 20 year old to be dating—that's against that law. But something along the lines, for example, a person at age 25 wants to date a 35 year old. If you do like someone of an older age, assuming that you're at least 21, then why not if you can't help how you feel. Of course, you may get a weird response from family and friends but if it's all legit, then I'm sure they could care only about the fact that you are happy. If they do not agree, at least hear them out as to why that is. Whether or not it is based on his age or his personality, sometimes there are unexpected surprises that you may not pick up on. Don't let their opinion rule you, just take heed to it. This actually is a little tough to give advice on because it's a matter of personal preferences and feelings towards another. In other words, beauty is in the eye of the beholder. Some people will tell you no, others may say yes, and then there are those who don't care. If things are good, then why end a good thing based on someone else's opinion on age.

I date more than one lady at a time. I don't mean boyfriend with multiple girlfriends, what I'm talking about is that I just end up just taking out women often. I don't expect anything from the date except that I'm just having fun and no, I don't sleep with them. My friends seem to think I'm very wrong for it all but I'm not in a relationship with them and when I do confirm a relationship, only then will I cut everyone else off. But the question is, are my friends right?

Before we begin, I'd like to say one thing. Let the ones you date know about your intentions with the night; this will save you a lot of confusion. Okay, if that's been established and you aren't just getting in everyone's pants then what's the problem? If you are dating, you are dating...if you are in a relationship, then that will differ. It seems as though you are just looking to have fun and enjoy another's company and most would consider there's nothing wrong with that, you are single. Now, had you pursued each and every one of them and did decide to have multiple girlfriends...you'd be in quite a mess not to mention it would be expensive. Just a bit of advice as stated before, just let them know up front what your deal is and then you can enjoy the night without a worry. Also, explain it to your friends that you are legit and are just looking to meet new people and not just to sleep in new beds.

## Advice of the week:

Thanksgiving break is coming soon and you know what that means! However, we're not there yet, just a little bit more to go. In these coming days before break there are things you might want to consider. First, let's finish off strong before going onto break. Get that work done so you can enjoy and relax over the break especially in the following weeks it will be exams and finals. Also, start thinking about what you need to take home or what you need to bring back. The weather is changing constantly and you don't want to be unprepared, so just keep that in mind. Finally, try to get things ready for the weeks after the break so that you won't be hit blind-sided. It's important that you relax over the break but not losing focus of what's to come because those last weeks will come fast. Being one step ahead will prevent that from happening. So, study hard and play hard!

# New Triatholon club arrives at SU

By Lindsey Dickinson  
Staff Writer

Whether you have run a triathlon before, are interested in trying, or just want a nice way to get in shape, the triathlon club at SU is now here for you.

This club is just getting started on campus and Devon Brothers is making it happen along with Emma Cordani and Dr. Gehrlich. Devon has been training for a

triathlon this semester and jumped at the idea when he heard that Gehrlich was looking to get a triathlon club together.

"This club we want to get started as a way for students who have competed in triathlons or are looking to compete in triathlons to train together and learn new training techniques," Devon says. "We think it will be a good way to keep motivated and have fun at the same time!"

Training for a triathlon had many health benefits. Exercising at least three times a week can prevent high blood pressure, heart disease and obesity, as well as other ailments associated with those problems.

The club has had one interest meeting so far and will be holding another meeting soon.

"Right now there is about four people who we know of that are interested, our first interest meeting is today and I have had a lot of

response to the email I sent out," Devon said.

Devon is a junior here at SU who is an accounting major with a minor in political science. He is involved in many activities on campus including working in the Office of New Student Experience and he is the Treasurer for SOAP.

For more information, e-mail Devon Brothers.

## COMBAT IN THE CAGE

### MIXED MARTIAL ARTS COMPETITION

SAT. NOVEMBER 18, 2006  
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H. FLETCHER CENTER  
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FIRST FIGHT AT 8PM  
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## Make Your Own PIZZA Night

Boboli Crust	Cheddar Mushrooms	Sausage Peppers	Bacon & Ham
Pizza Sauce	Pepperoni Onions	Tomatoes Olives	Pineapple
Olive Oil			Broccoli
Mozzarella			Chicken

**FRIDAY, NOV. 17**

4:30-7:30 p.m.  
In The Rotunda

# SPORTS

## Club Profile



Steve Whackett/The Flyer  
The women's Ultimate Frisbee club practices Tuesdays and Thursdays from 3:30 - 5:30 p.m. in front of Holloway Hall.

## Flash: Ultimate Frisbee

By Lynsey Kanski  
Staff Writer

They call themselves "Flash." They are the women's Ultimate Frisbee club and they are spreading their passion and competitive nature across campus and beyond. "We take the spirit of Salisbury and our good attitudes wherever we go, and are definitely appreciative of the opportunity to continue to play the sport we love," said captain Ryan Freas.

The women's Ultimate Frisbee club team has been in existence since 1998. In the eight years since, they have made their way to nationals twice, and have earned a spot at regional's the past two seasons. In a region that consists of University of Maryland, University of Delaware, George Washington University, Towson University, Georgetown, St. Mary's, and American, Flash is currently ranked number three.

To prepare for such competition, the team practices Tuesdays and

Thursdays from 3:30-5:30 pm in front of Holloway Hall. Practices usually consist of scrimmages against each other, their male counterparts, Buzz, and drills developed by themselves and former Flash members. "We're trying to be the best athletes and teammates we can for each other," explained Freas.

They also maintain their conditioning with a running practice Wednesday nights from 8:30-9:30. They do not have a coach and feel they are not missing out. "We like the fact that we can coach ourselves to a winning season and push ourselves without a dictatorship," said Freas. "Everyone on the team has a say and contributes to building a solid, successful, and most importantly, happy team." Instead of a coach, when a leader is needed, they rely on their two captains, Freas and Kerri Liming.

Friends on and off the field, this enthusiastic group of women support each other in almost everything they do. "We are all very close," said

Freas. "We practice together, live together, study together, party together, and travel together. So basically, we're a family."

As it is with many clubs, Flash must rely on ingenuity and their supporters to raise enough money to compete nationally and regionally. "We do get around \$2000 a year from the college," said Freas. "But we travel to about 12-13 tournaments a year, and at \$250 each just for the tournament fee alone it normally doesn't last all season." And as far as fundraising is concerned, "We do what we can around campus, such as Sea Gull Century, but that doesn't pay for all our expenses," said Freas. Therefore, the club relies on donations from parents to pay for other expenses such as transportation, lodging, and equipment. "We are a very competitive, yet fun team that loves to play the sport," said Freas, "but also loves to have fun at the same time, no matter what."

## Student Athlete Spotlight

# SU record holder, Spangler, looks forward to season

By Joe Slaninka  
Staff Writer

Ross Spangler, a junior on the Salisbury men's swim team, holds a Salisbury swim record in the 100 yard freestyle with a time of 49.86 seconds, set in 2005. He also shares records in the 200 yard medley relay and the 200 yard freestyle relay. The Dover, Penn. native is majoring in Physical and Health Education and bails from Dover Area High School. Spangler is in his third season on the team and hopes to contribute heavily to a promising season ahead.

Who or what inspired you to be a swimmer?  
Actually it was my sister who got me into it. She was a swimmer

ever since she was little and I was a wrestler. She got me into it and told me to stop wrestling and start swimming.

How long have you been a swimmer?  
I've been swimming since I was 10 years old.

What do you enjoy doing when you aren't busy swimming or studying?  
I like just hanging out with friends, going to see movies and I like to play soccer a lot.

Did you play any other sports in high school?  
Yeah, I played soccer.

What is your favorite stroke?  
Freestyle.

Do you have any role models growing up?  
I guess my parents.

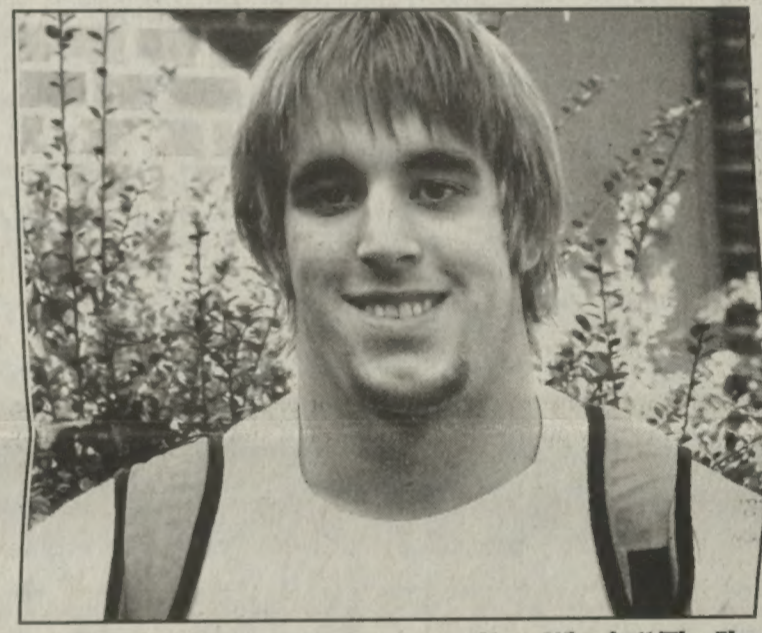
What goes through your head as you are swimming in a race?  
Go all out. Go for it you know. Just keep going.

Do you have any pre-meet rituals you go through?  
When I get up the morning of my event I just kind of go through the race in my head and picture myself.

What do you do to get pumped up before a meet?  
I'll put in some music and listen to it. Stuff like that.

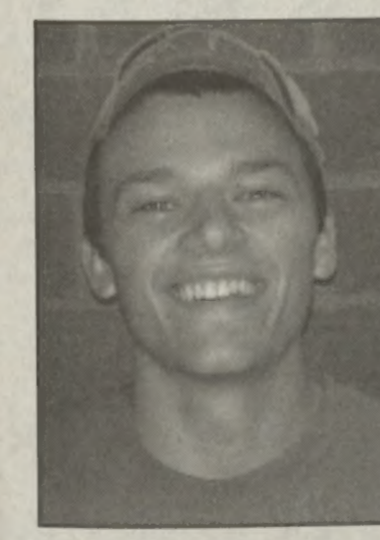
Do you have any personal goals you hope to achieve this season?  
A personal goal of mine this year is to place in the top three in the 200 freestyle and the top five in the 100 freestyle at CAC's this year.

What is the hardest part about being a student athlete at SU?  
Balancing your time between practice and school work is tough. Swimming takes a lot of commitment with having morning practices and evening practices so it's sometimes difficult to manage your time.



Steve Whackett/The Flyer

## Line up for the punchline



By Shawn Nisson  
Sports Editor

Ron Burgundy would not have been proud; I did not keep my head on a swivel. However, all of your swiveling has been taken care of for you in this special all you need to know edition.

Borat is hilarious and "Sacha Baron Cohen is a prankster."

First, I can't remember a movie that made me laugh so hard for the entire film, not since Super Troopers have my sides been so sore from laughing. Mack and Foster can have their "meows," Cohen as Borat was "very nice."

One of the funnier stories though is that Cohen is being sued by a pair of un-named college students who were portrayed in the movie as drunk, racist and sexist. Claiming that the producers of the movie told them the footage

would never be shown in the United States and their identities would not be revealed. The film contains a scene in which three frat boys appear with Borat in a motor home and go on a racist rant about how they wished they had slaves and how minorities within the U.S. "have all the power." According to the lawsuit the plaintiffs claim they were taken "to a drinking establishment 'to loosen up' and were provided with alcoholic beverages." Claiming to only have signed the movie releases after "heavy drinking."

To bad these college students got tricked by Cohen because who would have imagined he could trick someone.....NOT.

Three-time defending Division III National Champions, no more.

The women of the Salisbury University field hockey team had a rough season. It is nearly unprecedented what the team was trying to accomplish this year, going for its fourth consecutive national title. Few teams in history ever get that opportunity; unfortunately the Gulls just couldn't make it. Losing three straight games during the year for the first time since 1993, it was the first season the Gulls lost more than one game since 2002. The Gulls fell at home for the first time in 72-straight games. It had been five years (37 games) since Salisbury had lost a conference game. One word: ridiculous.

Absolute domination and yet

CAC player of the year Megan Powell and the rest of her hockey crew don't get the credit or publicity that they deserve. Check out a field hockey game next year because they will be back in contention for another national title. Unfortunately the best tag line ever, three-time defending Division III National Champions, will not be coming with.

Could Rutgers' be our savior? Although the Scarlet Knights are a "BCS" team they will never be confused with powerhouses like Ohio State or USC. Yet little ol' Rutgers is sitting pretty controlling their own destiny and are currently ranked sixth in the latest BCS poll. If the Scarlet Knights go undefeated, they have to beat Syracuse and Cincinnati before they face off with WVU, they will have a strong argument to be in the national title game. While college football may have been born at the state college of New Jersey, no one could have predicted that the residents would be battling for a shot at the national championship.

The chaos that Rutgers could cause might be amazing though. Imagine what would happen if Rutgers and Boise State were the two lone undefeated teams at the end of the year. How would the national machine hype that one? My only question in mind would be if I could snag a piece of Boise's smurf turf.

## SOAP BOX

See what's happening around campus!

**Thursday 11/16**  
Concert: The Hidden Cameras  
7pm Holloway Hall

**Weekend Movie 11/17-19**  
Accepted Friday @7  
Saturday @ 7 & 10  
Sunday @ 7 & 10  
All shows in Caruthers Hall

**Thursday 11/30**  
Comedian: Dan Adhoot  
9pm Wicomico

**T-Shirt Design Contest**  
Submit your design before December 4th!

**Wednesday 11/29**  
King of Prussia Holiday Shopping sign ups  
7pm SOAP Office

**Actual Event:**  
Saturday 12/9, 9:30am

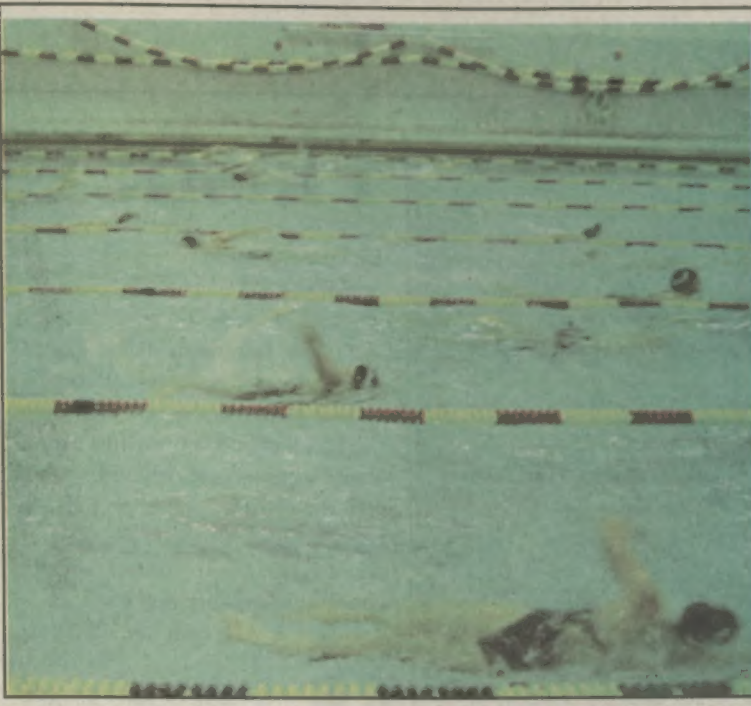
\*Space is limited for all events, you will not be able to participate if you don't get a seat.

More more details about our events go to:  
<http://orgs.salisbury.edu/soap>

# Swim team falls at home to Washington



Sarah Wright/The Flyer



Sarah Wright/The Flyer

Although the swim team put up a good fight, Washington swept both the men's and women's team leading 125 - 80 and 138 - 67, respectively.

By Shawn Nisson  
Sports Editor

Salisbury University's men's and women's swimming teams got swept by Eastern Shore rival Washington College in a midweek meet. Washington College's women defeated the Sea Gulls 138-67 while the men won by a 125-80 margin.

Sea Gull senior Laura Allen finished the night with two first place finishes coming in the 200 IM and 100 breaststroke. Allen's finished the 200 IM in 2:34.94, five seconds faster than Washington senior Ally Simons, and her time in the breaststroke was 1:18.38. Sophomore Laura Kordzikowski barely missed out on a first place finish in the 50 freestyle clocking a time of 29.41.

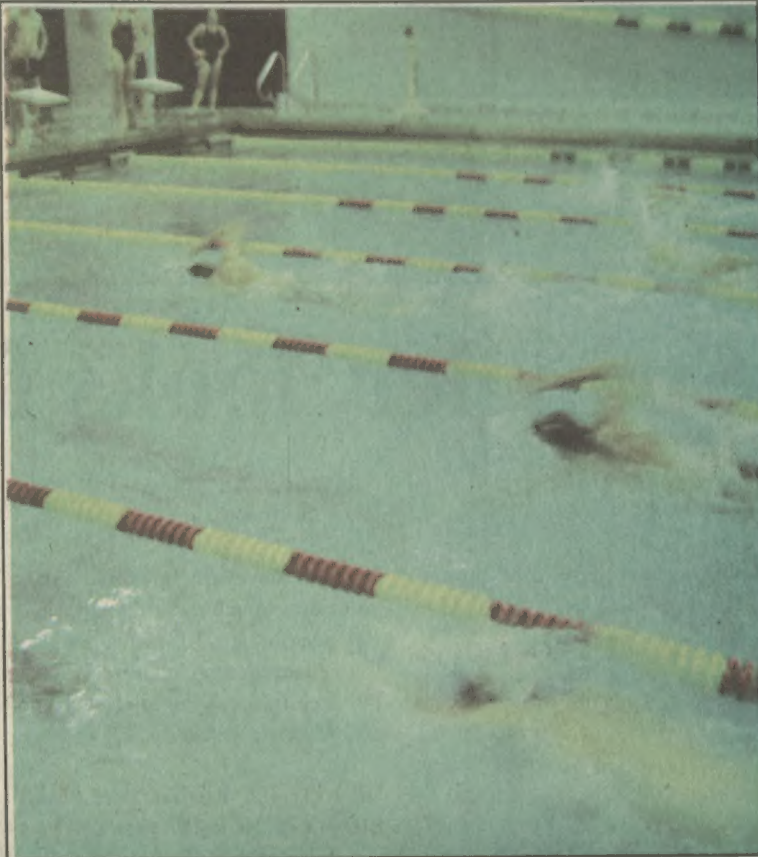
On the men's side, the team was lead by senior Mike Fowler who won the 100 freestyle with a time of 57.45, beating Washington freshman Dylan Pollock by less than a tenth of a second. Three other Sea Gull men barely missed first place finishes. Junior Matt Anderson finished the 100 backstroke in 1:10.83, sophomore Ryan Forbes clocked a time of 4:49.47 racing in

the 400 freestyle, and freshman Mike Ferrari's 1:10.42 in the 100 breaststroke which was good enough to earn all of them second place finishes.

Both Salisbury's men's and women share the same record of 2-4' and 1-2 in Capital Athletic Conference Competition. Salisbury will return home to the Maggs Center December 2, for a meet against conference foe York.

Washington College took both the men's and women's swim meets with Eastern Shore rival Salisbury University on Wednesday night at the Maggs Center. The Shorewomen won the women's meet 138-67 while the Shoremen edged out the Sea Gulls 125-80.

Salisbury senior Laura Allen came away with two first place finishes in the 200 IM and the 100 breaststroke. Allen's time in the 200 IM was 2:34.94, five seconds better than Washington senior Ally Simons, and her time in the 100 breaststroke clocked in at 1:18.38. Sophomore Laura Kordzikowski just missed a first place finish in the 50 freestyle with a time of 29.41 (2nd place).



Sarah Wright/The Flyer

Senior Mike Fowler led the men's team and won the 100 freestyle by less than a tenth of a second.

## SEA GULL SPORTS BEAT

### FIELD HOCKEY

The three-time defending Division III national champion Salisbury University field hockey team had its record 12 game post-season win streak snapped by Christopher Newport in the second round of the NCAA tournament. The dream of a fourth consecutive championship was ended rudely as the Gulls lost 2-1 in overtime to the Captains. Haylie Black scored a breakaway goal 8:46 into the overtime period, giving the Captains a historic win in their first NCAA appearance. The Gulls had defeated Christopher Newport in six prior matches, dating back to 2001.

Brittany Touchard deflected a pass from Kelsey Dusch twenty-one minutes into the match to give CNU the early lead. Down 1-0, the Gulls came out firing in the second half, recording 16 shots on goal and earning 11 penalty corners. But it took a cross from CAC player of the year Megan Powell to Ashley Twigg to pull the Gulls even at 1-1. Maria Ramondos recorded 7 saves, including two in the extra stanza, but CNU and Black were too much for them, and abruptly ended the Gulls season.

### FOOTBALL

Salisbury University ran for over 400 yards in a 42-15 lopsided victory in the 8th annual Regents Cup against Frostburg State University. Sophomore quarterback Ronnie Curley scampered 18 yards to score the game's first touchdown just over six minutes into the match. Curley also won the Mike McGlinchey MVP award for Salisbury, running for 178 yards. The Gulls' (5-5 ACFC 2-2) victory gives head coach Sherman Wood his 50th career win and makes them eligible for a ECAC bowl game.

The Gulls scored three first half touchdowns, including a 30 yard run from senior Anthony Johnson and one of two touchdowns of the day from Valdase Morris. Frostburg (2-7 ACFC 0-4) could only muster two field goals from Nathan Menhorn to go into half at 21-6. The Gulls scored three more running touchdowns in the second half to bury the Bobcats and claim their third straight Regents Cup.

### WOMEN'S SOCCER

The Salisbury Univeristy women's soccer team (10-7-1) made their first trip to the NCAA tournament since 2000 a memorable one. Facing off with in-state foe John Hopkins University, the Gulls came up short as Hopkins advanced 2-1 in double overtime. With 1:30 remaining in the second overtime, Jessie McKenzie scored on a corner kick to end both the game and the Gulls' season. Hopkins (18-2) limited Salisbury to only four shots, and held all-time single season goal leader Kate Weaver (20 goals) to just one shot. All four of Salisbury's shots on goal came in the second half. The Blue Jays were able to get 19 attempts on goal, forcing All-CAC goalie Samantha Phipps to make nine saves. The Gulls' goal came in the 69th minute from the foot of Erin Casey to even the game at one. Unfortunately, it wasn't enough for the Gulls, as the Capital Athletic Conference champions could not add another tally to extend their season.

### CROSS COUNTRY

The SU men's and women's cross country teams both took home 7th place in the NCAA Division III Midwest Regional at Waynesburg College. The sophomore sister tandem of Kelly and Glenna Sullivan both finished within the top 10, third and sixth respectively, qualifying the pair for Nationals in Wilmington, Ohio. Salisbury's Eric Graves, Buck Stokes and the Sullivan twins were named to the NCAA All-Region team, as they all finished in the top 35 of their division. Bill Nastasiak finished in a time of 28:11 and was named to the NCAA Freshman All-Region team.

### SWIMMING

The men's and women's swimming teams easily defeated Frostburg, but both fell to CAC rival Marymount. The loss to Marymount drops both teams to 1-2 within the Capital Athletic Conference competition.

Salisbury cruised past Frostburg, beating them 156-42 on the men's side and 135-63 on the women's. Cole Mangum won both the 50 and 100 meter freestyle, while Ross Spangler, Carl Stockman and Matt Anderson each took first in at least one individual event. The women claimed both relay events against the Bobcats and Kerry Anne Farrell, Malori Steinhauer, and Jessica Krauss all earned first place finishes. Marymount was able to outlast the Gulls, beating the men 107-93 and the women 117-81.

# Salisbury Events Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday